



BASEBALL TRADITIONS



# BASEBALL (8 DAYS) TRADITIONS



## DAY 1 | HAVANA

- Arrival in Cuba at José Martí International Airport, welcome by the guide.
- Panoramic tour of the city.
- Welcome cocktail at the Salón de la Fama of the Hotel Nacional de Cuba. Lunch at La Barraca restaurant with a spectacular view through the hotel's emblematic gardens.
- Check-in accommodation.
- Orientation meeting with the guide in a meeting room to discuss details of itinerary activities and schedules.
- Welcome Dinner at the Habana Café with enjoyment of the local show.



**Meals: lunch, dinner.**

## DAY 2 | HAVANA

- Breakfast.
- First friendly meeting with Cuban students, professors and athletes.
- Lunch with guests at the emblematic El Aljibe Restaurant, with family style and its exclusive chicken recipe.
- Visit to the Latin American Stadium, the place in our capital city where all the baseball games of our leagues are played.
- Dinner at local restaurant or paladar.
- Enjoy the Cañonazo Ceremony, a representation of the one that originally took place at the San Carlos de la Cabaña Fortress during the 18th century, when Cuba was a colony of Spain.

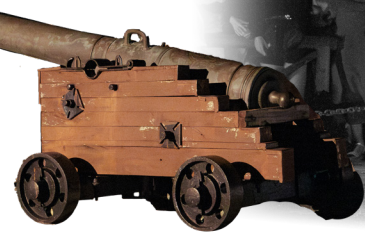
**Meals: breakfast, lunch, dinner.**

## DAY 3 | HAVANA

- Breakfast.
- Visit to the International School of Physical Education and Sports / ESPA / EIDE, where you can see the facilities where our young athletes train and exchange with them and their teachers about Cuban sport, its international recognition, loyalty to our revolution, among other topics of interest.
- Lunch at local restaurant or paladar.
- Visit to the Higher Institute of Physical Culture "Manuel Fajardo".
- Tour of the areas of the sports complex "Ciudad Deportiva".
- Dinner on your own.

**Meals: breakfast, lunch.**





## DAY 4 | HAVANA

- Breakfast.
- Second friendly meeting with Cuban students, professors and athletes.
- Lunch at local restaurant or paladar.
- Exchange with Cuban Sports Glories, nationally and internationally recognized athletes and their coaches.
- Visit to a community project linked to children and sports.
- Special dinner with guests at a local restaurant or palate.

**Meals: breakfast, lunch, dinner.**



## DAY 5 | MATANZAS

- Breakfast
- Check'out, accommodation and departure to the province of Matanzas (2 hours approximately), host province of the first Baseball games in Cuba.
- Visit to the Slave Route Museum.
- Visit to the Palmar de Junco stadium, site of the First Official Cuban Ball Game and center of all the games in the province. Visit to the Hall of Fame, tour and exchange.
- Lunch at local restaurant or paladar.
- Third friendly match at the Palmar de Junco or Victoria de Girón Stadium with local athletes.
- Departure to Varadero.
- Check-in at Hotel Sol Palmeras.
- Dinner included at the hotel.

**Meals: breakfast, lunch, dinner.**



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## DAY 6 | MATANZAS - HAVANA

- Breakfast at the hotel.
- Check-out Hotel Sol Palmeras and departure to Cárdenas.
- Visit to the Battles of Ideas Museum, Gallery of Young Amateur Artists and the Children's Home for Children without Child Protection in Cardenas.
- On the way back to Havana, stop for lunch at the Velasco Hotel and panoramic tour of the heart of the city of Matanzas, also known as the city of bridges or the Athens of Cuba.
- Arrival in Havana and check-in at lodging.
- Free afternoon.
- Dinner at local restaurant or paladar.

**Meals: breakfast, lunch & dinner.**



## DAY 7 | HAVANA

- Breakfast.
- Departure to the Plaza de la Revolución, time to take pictures and take old cars.
- 1 hour tour in antique cars, leaving from the Plaza with panoramic views of the Colon Cemetery, John Lennon Park, University of Havana, La Rampa, Malecon Habanero, Prado Street, Alicia Alonso Theater, Capitolio, ending at the Central Park.
- Brief stop at the Central Park to exchange with the Cubans who gather there in one of the most famous baseball clubs in Havana.
- Walking tour to the Floridita Restaurant to have lunch and refresh with a tasty Daiquiri, Hemingway's favorite drink in the legendary place.
- Guided walking tour through the notorious squares of Old Havana.
- Visit to the Museum of Rum with tasting and exchange with a specialist.
- Visit to handicraft markets such as the St. Joseph's Warehouses, shopping time.
- Farewell dinner in local restaurant or paladar with live music.

**Meals: breakfast, lunch & dinner.**





## DAY 8 | HAVANA

- Breakfast
- Check-out, accommodation and departure to Jaimanitas to visit the community project of artist José Fuster.
- Transfer to José Martí International Airport to take the flight back to the USA.

**Meals: breakfast.**

END OF TRIP

### HIGHLIGHTS INCLUDE:

- Latin American Stadium.
- International School of Physical Education & Sports/ ESPA/ EIDE.
- Higher Institute of Physical Culture (ISCF) "Manuel Fajardo".
- Cuban sportsmen and women.
- Palmar de Junco Stadium & Victoria de Girón Stadium (Matanzas).

### PLACES OF INTEREST:

- Cárdenas, Matanzas.
- Peña deportiva con lugareños.
- Proyecto comunitario José Fuster.
- Centro histórico de la Habana Vieja.



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## SUGGESTIONS

- Nightlife options: Tropicana, Parisien, Habana Café, Jazz Club la Zorra y el Cuervo, Gato Tuerto, Jazz Café, Café Taberna, El Tocooro, La Bodeguita del Medio, among others.
- Light clothing and comfortable shoes for walking tours.
- Hats and sunscreen for the ride in the old cars, most of them can be convertibles.
- Sports equipment for the games.



# CUBA

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